THE INDIVIDUAL AUGMENTEE (IA) JOINT REPORT

GETTING THE MESSAGE TO IA SAILORS AND CIACS A Joint Report for IA Sailors and CIACs Navigating the IA Continuum 2ND EDITION, 3RD QUARTER FY2018

IA SAILORS AND COMMAND IA COORDINATORS (CIAC),

THE IA JOINT REPORT, 2ND EDITION is a coordinated and collaborated newsletter with input from U.S. Fleet Forces (USFF), Commander Navy Installations Command (CNIC), Commander Naval Reserve Forces Command (CNRFC), and Expeditionary Readiness Combat Center (ECRC) to communicate important messages relevant to IA Sailors' deployments and those who support them throughout the IA continuum. Topics highlighted in this edition include:

• CIAC Program Updates

- USFF/CNRFC Mobilization Business Rules Change
- What to Expect at Navy Individual Augmentee Combat Training (NIACT)
- Dwell
- Deployment Health Assessments (DHA) Completion Requirements
- Warrior Transition Program (WTP)
- Deployment Support for IA Families

POLICY UPDATES - USFF/CRNFC

CIAC Program Updates – Thank you CIACs for all your efforts to complete the CIAC NFAAS records audit and quick poll/assessment. This provides us vital information to cleanup IA records. This specifically entailed CIACs who are no longer attached to commands, accountability for contacting IA Sailors, and maintaining compliance and/or completion of deployment health assessment (DHA) requirements: post-deployment health assessment (PDHA) and post-deployment health reassessment (PDHRA) and assess your thoughts about the CIAC program and where we need to make adjustments to the program. *Read more.*

USFF/CNRFC Mobilization Business Rules Change – CNRFC and USFF are revising the mobilization business rules that will affect all selected reservists (SELRES). Beginning 01 April 2018, CNRFC will have a formal chop on all mobilized reservists desiring to extend, transfer to other missions, or demobilize and remobilize. In particular, mobilized reservists that belong to managed communities will be most affected. <u>Read more.</u>

MOBILIZATION - ECRC

What to Expect at NIACT – Located at the McCrady Training Center in Fort Jackson, S.C., NIACT is designed to provide Sailors with basic combat training required for their mobilization. The training cycle includes a welcome in-brief on the Sunday after arrival, gear issue on Monday and approximately 17 days of basic combat skills training.

<u>Read more</u>.

RE-DEPLOYMENT - CNRFC/USFF/ECRC

Dwell – Upon completing a mobilization (MOB), dwell is a period of time a Reserve Component (RC) member cannot be mobilized. A well-earned entitlement, the ratio of mobilization to dwell is one to five. For example, upon completing a 270 day MOB, one will have earned 1,350 days of dwell (3.7 years). <u>Read more</u>.

DHA Completion Requirements – Per OPNAVINST 6100.3A, DHA [collectively--Pre-DHA (DD 2795), post-DHA (DD 2796), and PDHRA (post deployment health reassessment) (DD 2900)], are required for all personnel who deploy for greater than 30 days to an ashore outside the continental United States (OCONUS) location without a fixed U.S. medical treatment facility (MTF). Additionally, DHAs are required when directed by the geographic combatant commander (CCDR), service component commander, or commander exercising operational control. <u>Read more</u>.

Warrior Transition Program (WTP) – WTP was established to ensure returning IA Sailors are prepared to transition from the stresses of military deployment. Currently, the three to four WTP third location decompression (TLD), located in Sembach, Germany, is mandatory for all IAs deployed for 30 days or more in the CENTCOM and AFRICOM AORs. *Read more.*

FLEET & FAMILY SERVICES - CNIC

Deployment Support for IA Families – The deployment support program strengthens commands, Sailors and their families by ensuring readiness and preparedness to meet the challenges posed by increased operating tempo (OPTEMPO), ongoing deployments and Individual Augmentee assignments. Equally important, it addresses the need for family and community resiliency with access to relevant prevention and enrichment programs to get to and stay in operational stress control (OSC) mission-ready green. <u>Read more</u>.

Feedback - USFF

Your suggestions for improving the IA process and/or the CIAC program are greatly appreciated. Please send any feedback to: <u>USFF IA Support</u>.

INFORMATION YOU NEED TO KNOW!

- <u>Navy IA website</u>
- <u>ECRC website</u>
- <u>CNIC website</u>
- <u>CNRFC N35 SharePoint Page</u>
- CNIC Family Connection March 2018 (and archived versions)
- <u>FY2018 Returning Warrior Workshop (RWW) Schedule</u>
- Deployment Health Assessment (DHA) website
- <u>Navy IA Hall of Honor & In Memoriam</u>
- <u>Navy IA Mobile Apps</u>
- Emergency Numbers:
 - <u>ECRC 24/7 Family Hotline:</u> 1-877-364-4302
 - <u>American Red Cross:</u> 1-866-438-4636
 - Military OneSource: 1-800-342-9647

POLICY UPDATES - USFF

CIAC Program Updates – Thank you CIACs for all your efforts to complete the CIAC NFAAS records audit and quick poll/assessment. This provides us vital information to cleanup IA records (CIACs who are no longer attached to commands, accountability for contacting IA Sailors, and maintaining compliance and/or completion of deployment health assessment requirements-PDHA & PDHRA) as well as assess your thoughts about the CIAC program and where we need to make adjustments to the program.

As we have provided in CIAC NFAAS Training over the last few months, the CIAC contact within periodicity has been changed in NFAAS from 30 to 60 days, although 100% of the IA files are not reflecting the change. This will be complete in the next software release. Remember, if your file is 30 days or 60 days, conform to the periodicity stated otherwise you will be overdue. Also, NFAAS will be reflecting CIAC Sailor contact for 6 months following actual return date from nine months. The CIAC quick poll/assessments we received are being utilized to refine recommendations for CIAC program updates. *Front page*

USFF/CNRFC Mobilization Business Rules Change – USFF and CNRFC are revising the mobilization business rules that will affect all SELRES. Beginning 01 April 2018, CNRFC will have a formal chop on all mobilized reservists desiring to extend, transfer to other missions, or demobilize and remobilize. In particular, mobilized reservists that belong to managed communities will be most affected.

Published business rules regarding CNRFC's increased oversight of mobilizations will be available in April. These rules will limit the time that Reservists can remain mobilized to fill billets throughout the continental United States (CONUS). USFF and CNRFC will evaluate each request and consider (but not limited to) mission criticality and community input, while also considering members' desires. During a six-month period to transition into these restrictions, existing approved extensions, line transfers, and remobilizations will be honored.

Ahead of published business rules, any member on mobilization orders considering an extension, line transfer, or demobilization/remobilization, should contact their mission IA manpower representative or <u>USFF IA Sailor</u> <u>Support</u> to determine if this policy affects them. Front page

MOBILIZATION - ECRC

What to Expect at NIACT – Located at the McCrady Training Center in Fort Jackson, S.C., NIACT is designed to provide Sailors with basic combat skills training required for their mobilization. The training cycle includes a welcome in-brief on the Sunday after arrival, gear issue on Monday and approximately 17 days of basic combat skills training.

Some of the current curriculum includes M4 & M9 weapon qualification, first aid/tactical combat casualty care, land navigation, counter-improvised explosive devices (C-IED), and an introduction to Army culture.

Some frequently asked questions: How will I get to NIACT?

- Personnel reporting to NIACT immediately following their processing at ECRC will have transportation provided for them.
- Sailors traveling individually are responsible for transportation from the airport to McCrady Training Center and should ARRIVE NO LATER THAN 1500 on SATURDAY!

Where will we stay while on base?

• Personnel will stay in open bay barracks.

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What should I bring?

- Come prepared to depart Ft. Jackson for overseas movement!
- Bring towels, shower shoes and a lock for your locker for in the barracks.
- Authorized military gear and equipment will be issued. Do not buy extra equipment you may not need or may not be authorized to wear.
- Bring a set of civilian clothes (for traveling purposes).
- Bring a 90 day supply of all prescription medications with you—have refills for them, if needed.
- Bring a copy of your current eyeglass prescription or wear your most current prescription glasses.
- You may bring laptops, MP3 players and other electronics of this nature at your own risk. These items ARE NOT allowed on ranges during any training evolutions. Cameras are allowed, but use is HIGHLY RESTRICTED.

Please view the <u>NIACT video</u> for a glimpse of what you will experience there. <u>Front page.</u>

RE-DEPLOYMENT - CNRFC/USFF/ECRC

Dwell – Upon completing a MOB, dwell is a period of time a RC member cannot be mobilized. A well-earned entitlement, the ratio of MOB to dwell is one to five. For example, upon completing a 270 day MOB, one will have earned 1,350 days of dwell (3.7 years).

Expiration of dwell can be verified by reviewing individual mobilization status (IMS) code history in the Navy reserve readiness module (NRRM). RD2 is the IMS code marking a member currently in dwell. Dwell expiration is system generated in the Navy Standard Integrated Personnel System (NSIPS) and annotated by the IMS code RDA (dwell time has expired).

If a member is volunteering for a mobilization inside of dwell, a voluntary waiver agreement (VWA) (<u>NAVPERS</u> <u>1300/25</u>) must be signed.

Keep in mind, a member can be identified for MOB within the dwell period, as long as the ready load date (RLD) is scheduled to commence after the expiration of dwell. This policy also applies to deferment; TS1 (affiliated within 6 months of release from active duty) and AS1 (affiliated within 7-12 months of release from active duty) manpower availability status (MAS) codes. *Front page*

DHA Completion Requirements – Per OPNAVINST 6100.3A, DHA [collectively--Pre-DHA (DD 2795), Post-DHA (DD 2796), and PDHRA (Post Deployment Health Reassessment) (DD 2900)], are required for all personnel who deploy for greater than 30 days to an ashore OCONUS location without a fixed U.S. medical treatment facility (MTF). Additionally, DHAs are required when directed by the geographic combatant commander (CCDR), service component commander, or commander exercising operational control.

Pre-DHA must be completed no earlier than 120 days prior to deployment; Post-DHA must be completed within 30 days of deployment return date; PDHRA must be completed between 90-180 days after deployment return date. If any assessments are completed outside the periodicity windows, they are considered non-compliant. To complete the DHAs go to <u>eDHA</u>.

Frequent deployers are service members who deploy for more than one 30 day period in 12 months. These personnel will receive the PDHRA (DD 2900) concurrent with their annual periodic health assessment (PHA). Therefore, frequent deployers do not need to complete PDHRA within a 90-180 day post return window.

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It is very important for IAs, CIACs, as well as independent duty corpsmen (IDC) to understand the completion (actual completion of PDHA/PDHRA) and compliance (completed within the required timeframes for each) rules regarding DHA. DHAs are a vital mechanism to identify the potential for consequences of unaddressed health needs associated with exposure to physical and environmental health hazards during deployment. Ultimately, parent commands and NOSCs are responsible to ensure that their Sailors complete these DHAs.

Both DHA and NFAAS training are offered monthly by USFF. For information visit the <u>DHA website</u> or <u>USFF</u> <u>DHA Support</u> or <u>NFAAS homepage</u> for training dates. Front page

Warrior Transition Program (WTP) – WTP was established to ensure returning IA Sailors are prepared to transition from the stresses of military deployment. Currently, the three to four day WTP third location decompression (TLD) program is located in Sembach, Germany, and mandatory for all IAs deployed for more than 30 days to CENTCOM and AFRICOM AORs.

WTP is designed to help reduce deployment stress and allow service members to take a deep breath. It allows time to decompress from high stress workload environments and provides time to relax and prepare for your return home to reintegrate with families, careers, communities and parent commands. Service members fulfill redeployment requirements established (gear turn-in, deployment health assessments, and workshops). It provides a venue to discuss deployment with your peers. There are structured and unstructured elements of WTP with ample down time. It is not R&R, leave, or demobilization processing.

Service members in IA billets that do not require WTP-TLD will participate in a shorter program conducted at ECRC during the redeployment process called WTP-Light. Review the details on <u>WTP-TLD and WTP-Light.</u> <u>Front page</u>

FLEET & FAMILY SERVICES - CNIC

Deployment Support – The deployment support program strengthens commands, Sailors and their families by ensuring readiness and preparedness to meet the challenges posed by increased OPTEMPO, ongoing deployments and IA assignments. Equally important, it addresses the need for family and community resiliency with access to relevant prevention and enrichment programs to get to and stay in OSC mission-ready green.

The Navy's OSC program has been integrated into all fleet and family support program (FFSP) trainings and briefs to heighten command awareness regarding reintegration challenges. This model normalizes stress responses by and provides commands, Sailors, and family members the tools necessary to assist returning warriors with the reintegration process.

IA Sailor, Spouse and Family Member Support

- The Individual Deployment Support (IDS) program provides support, information and referral services to IA Sailors and their families through outreach calls and discussion groups.
- The Navy Family Accountability and Assessment System (NFAAS) IDS module is a standardized Navy database for fleet and family support center (FFSC) individual deployment support specialists (IDSS) to provide outreach by contacting designated IA family members on a monthly basis throughout the deployment cycle.
- IDSS proactively support IAs and their families throughout the deployment cycle and for a minimum of 180 day post deployment.
- The Family Connection Newsletter for families of deployed Sailors provides current resources and information. Produced monthly, the electronic publication is disseminated via fleet & family support program (FFSP) website, email, facebook, ombudsman registry, FFSC as well as links on NFAAS and IA websites. Emergency preparedness and crisis response is provided by FFSC staff.

• The IA Family Handbook, available via the FFSP website, addresses deployment preparation, support resources and reintegration.

Pre-Deployment and During Deployment

- Pre-deployment focuses on the months before a deployment begins; the practical, the emotional as well as the effects on families and helping them adjust. FFSC offer pre-deployment support briefs including: pre-deployment preparation for singles/couples, financial planning for deployment, parent child pre-deployment brief, deployment planning for kids, and communication during deployment.
- Family readiness group (FRG) leadership training is available at FFSC. The FRG handbook and related resources are available via the FFSP website.

Post-Deployment and Reintegration Support

- FFSC Work and family life (WFL) program areas i.e., homecoming/reintegration, life skills education, personal financial management as well as clinical counseling.
 - Homecoming/reintegration programs assist families in renegotiating roles and responsibilities, communicating with children and maintaining resiliency and balance. Programs include: reintegration strong navy couples workshop and family and friends homecoming program.
 - Life skills education provides methodology to communicate interact and problem-solve for positive change for parenting, stress, anger and conflict management and communication skills to assist families to get to and stay in (OSC) mission-ready green.
 - Personal financial management educates families in gaining financial stability.

Technology-Based Deployment Support

• FFSP offers deployment support via web-based resources such as the FFSP webpage, facebook, twitter, ombudsman registry and the NFAAS.

Visit the <u>FFSP for IAs and the closest FFSC</u> near you for more information. <u>Front page</u>